



East Cork AC's Michael Harty, and Youghal AC's Aoife Cooke were presented with their respective Cork City Sports Athlete of the Month Awards for November and December 2015, at a function in the River Lee Hotel, Cork, on Thursday January 7th.

Citations

Cork City Sports - Athlete of the Month Award November 2015 - Michael Harty (East Cork AC)



Michael Harty (East Cork AC) and Aoife Cooke (Youghal AC) are the nominees selected as Cork City Sports Athletes for the months of November and December respectively.

In November Michael had a very busy but productive few weeks winning the Munster Senior Cross Country title in Kerry on the 8th Nov, on the 14th Nov he won

the Over 35 category at Masters Home International in Santry, finished 12th at the National Senior Cross Country Championships on the 22nd and Michael rounded off the month with a facile victory at the Munster Masters Cross Country Championships in Tipperary on the 29th Nov

Cork City Sports - Athlete of the Month Award December 2015 - Aoife Cooke (Youghal AC)

The December award goes to Aoife Cooke (Youghal AC). Aoife was a very impressive winner of the women's National Novice Cross Country title in Dungarvan. In the process she led Youghal AC, and Cork, to victories in the inter club and inter county contests respectively.