



EAST CORK ATHLETICS DIVISION

eastcorkathleticsdivision.com

CROSS-COUNTRY CHAMPIONSHIPS 2016

Sunday, September 18th 2016
Promoted by St. Catherine's AC

Conna/Ballynoe (see website)
Start Time 11.30 a.m.

-Programme-

	Born			Born	
Girls under 10	(2007/08)	1000m	Boys under 14	(2003/04)	2000m
Boys under 10	(2007/08)	1000m	Girls under 16	(2001/02)	3000m
Girls under 12	(2005/06)	1500m	Boys under 16	(2001/02)	3000m
Boys under 12	(2005/06)	1500m	Girls under 18	(1999/2000)	3000m
Girls under 14	(2003/04)	2000m	Boys under 18	(1999/2000)	4000m

Awards-1st – 2nd – 3rd Ind.

1st – 2nd – 3rd Teams (4 to score)

<u>Ladies Novice</u>	4000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)</i>
<u>Ladies Masters o35</u>	4000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)</i>
<u>Ladies Masters o45</u>	4000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)</i>

<u>Men Novice</u>	6000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>
<u>Men Masters o35</u>	6000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>
<u>Men Masters o45</u>	6000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>

Admission—Adults €5.00. Juveniles €2.00. All pay at entrance

JERRY RUSSELL TROPHY FOR BEST BOYS JUVENILE CLUB
MAUREN O'CONNELL TROPHY FOR BEST GIRLS JUVENILE CLUB

Chairperson-	Martin Drake	Tel. 086 2129367	Hon. Sec. Tim Twomey	Tel. 024 93078
Hon. Treas.-	William O'Mahony	Tel. 086 8402825	PRO- Owen Corcoran	Tel. 086 8603530

www.eastcorkathleticsdivision.com

Event Sponsor:-

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