



EAST CORK ATHLETICS DIVISION
eastcorkathleticsdivision.com

CROSS-COUNTRY CHAMPIONSHIPS 2018

Sunday, September 23rd 2018
Promoted by St. Catherine's AC

Conna/Ballynoe (see website)
Start Time 11.30 a.m.

-Programme-

	Born			Born	
Girls under 10	(2009/10)	1000m	Boys under 14	(2005/06)	2000m
Boys under 10	(2009/10)	1000m	Girls under 16	(2003/04)	3000m
Girls under 12	(2007/08)	1500m	Boys under 16	(2003/04)	3000m
Boys under 12	(2007/08)	1500m	Girls under 18	(2001/02)	3000m
Girls under 14	(2005/06)	2000m	Boys under 18	(2001/02)	4500m

Awards-1st – 2nd – 3rd Ind.

1st – 2nd – 3rd Teams (4 to score)

<u>Ladies Junior</u>	3000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>
<u>Ladies Senior</u>	4000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>
<u>Ladies Masters o35</u>	4000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)</i>
<u>Ladies Masters o45</u>	4000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)</i>
<u>Men Junior</u>	4500m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>
<u>Men Senior</u>	6000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>
<u>Men Masters o35</u>	6000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>
<u>Men Masters o45</u>	6000m.	<i>Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)</i>

Admission—Adults €5.00. Juveniles €2.00. All pay at entrance

JERRY RUSSELL TROPHY FOR BEST BOYS JUVENILE CLUB
MAUREEN O'CONNELL TROPHY FOR BEST GIRLS JUVENILE CLUB

Day 2 - Uneven Age Group - Sunday, 9th December 2018 - Details Later

Chairperson- Martin Drake Tel. 086 2129367 Hon. Sec. Tim Twomey Tel. 024 93078
Hon. Treas.- William O'Mahony Tel. 086 8402825 PRO- Owen Corcoran Tel. 086 8603530
www.eastcorkathleticsdivision.com

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