



**EAST CORK ATHLETICS DIVISION**  
eastcorkathleticsdivision.com

**CROSS-COUNTRY CHAMPIONSHIPS 2018**

**Sunday, December 9<sup>th</sup> 2018 11.30am at Kartworld, Watergrasshill**  
**Promoted by Carrignavar AC**

**-Programme-**

	Born			Born	
Girls under 9	(2010)	750m	Boys under 13	(2006/07)	2000m
Boys under 9	(2010)	750m	Girls under 15	(2004/05)	3000m
Girls under 11	(2008/09)	1500m	Boys under 15	(2004/05)	3000m
Boys under 11	(2008/09)	1500m	Girls under 17	(2002/03)	3000m
Girls under 13	(2006/07)	2000m	Boys under 17	(2002/03)	4500m

Awards-1st – 2nd – 3rd Ind.                      1st – 2nd – 3rd Teams (4 to score)

Girls under 19 (2000/2001) 4000m ( Note 3 to Score)

Boys under 19 (2000/2001) 4500m (4 to Score)

**Ladies Novice      4000m.**      Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)

**Men Novice          6000m.**      Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)

Admission—Adults €5.00.      Juveniles €2.00.      All pay at entrance

JERRY RUSSELL TROPHY FOR BEST BOYS JUVENILE CLUB  
MAUREEN O'CONNELL TROPHY FOR BEST GIRLS JUVENILE CLUB

Chairperson- Martin Drake      Tel. 086 2129367      Hon. Sec. Tim Twomey      Tel. 024 93078  
Hon. Treas.- William O'Mahony      Tel. 086 8402825      PRO- Owen Corcoran      Tel. 086 8603530

[www.eastcorkathleticsdivision.com](http://www.eastcorkathleticsdivision.com)

**IMOKILLY OIL**

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