



EAST CORK ATHLETICS DIVISION

eastcorkathleticsdivision.com

CROSS-COUNTRY CHAMPIONSHIPS 2017

Sunday, September 17th 2017
Promoted by St. Catherine's AC

Conna/Ballynoe (see website)
Start Time 11.30 a.m.

-Programme-

Born		Born	
Girls under 10 (2008/09)	1000m	Boys under 14 (2004/05)	2000m
Boys under 10 (2008/09)	1000m	Girls under 16 (2002/03)	3000m
Girls under 12 (2006/07)	1500m	Boys under 16 (2002/03)	3000m
Boys under 12 (2006/07)	1500m	Girls under 18 (2000/2001)	3000m
Girls under 14 (2004/05)	2000m	Boys under 18 (2000/2001)	4000m

Awards-1st – 2nd – 3rd Ind. 1st – 2nd – 3rd Teams (4 to score)

<u>Ladies Junior</u>	3000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)
<u>Ladies Senior</u>	4000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)
<u>Ladies Masters o35</u>	4000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)
<u>Ladies Masters o45</u>	4000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (3 to score)
<u>Men Junior</u>	4000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)
<u>Men Senior</u>	6000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)
<u>Men Masters o35</u>	6000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)
<u>Men Masters o45</u>	6000m.	Awards-1st - 2nd - 3rd Ind. 1st - 2nd - 3rd Teams (4 to score)

Admission—Adults €5.00. Juveniles €2.00. All pay at entrance

JERRY RUSSELL TROPHY FOR BEST BOYS JUVENILE CLUB
MAUREEN O'CONNELL TROPHY FOR BEST GIRLS JUVENILE CLUB

Chairperson- Martin Drake Tel. 086 2129367 Hon. Sec. Tim Twomey Tel. 024 93078
Hon. Treas.- William O'Mahony Tel. 086 8402825 PRO- Owen Corcoran Tel. 086 8603530

www.eastcorkathleticsdivision.com



Brookes Super Valu, Youghal